

SUPERMAN, SUPERSTAR, SUPER DAD AND, WELL, JUST PLAIN SUPER NICE PERSON, DEAN CAIN LANDED IN THE PUBLIC EYE IN 1993'S "LOIS & CLARK: THE NEW ADVENTURES OF SUPERMAN," AND HE HASN'T STOPPED WORKING SINCE.

DEAN CAIN A REAL LIFE UPERMAN

He recently finished NBC's "Stars Earn Stripes" where he donated his winnings to the Wounded Warrior Project, a local charity helping severely injured veterans, currently hosts "TV's Bloopers & Practical Jokes" and has VH1's new one-hour drama "Bounce" on the horizon for the new year.

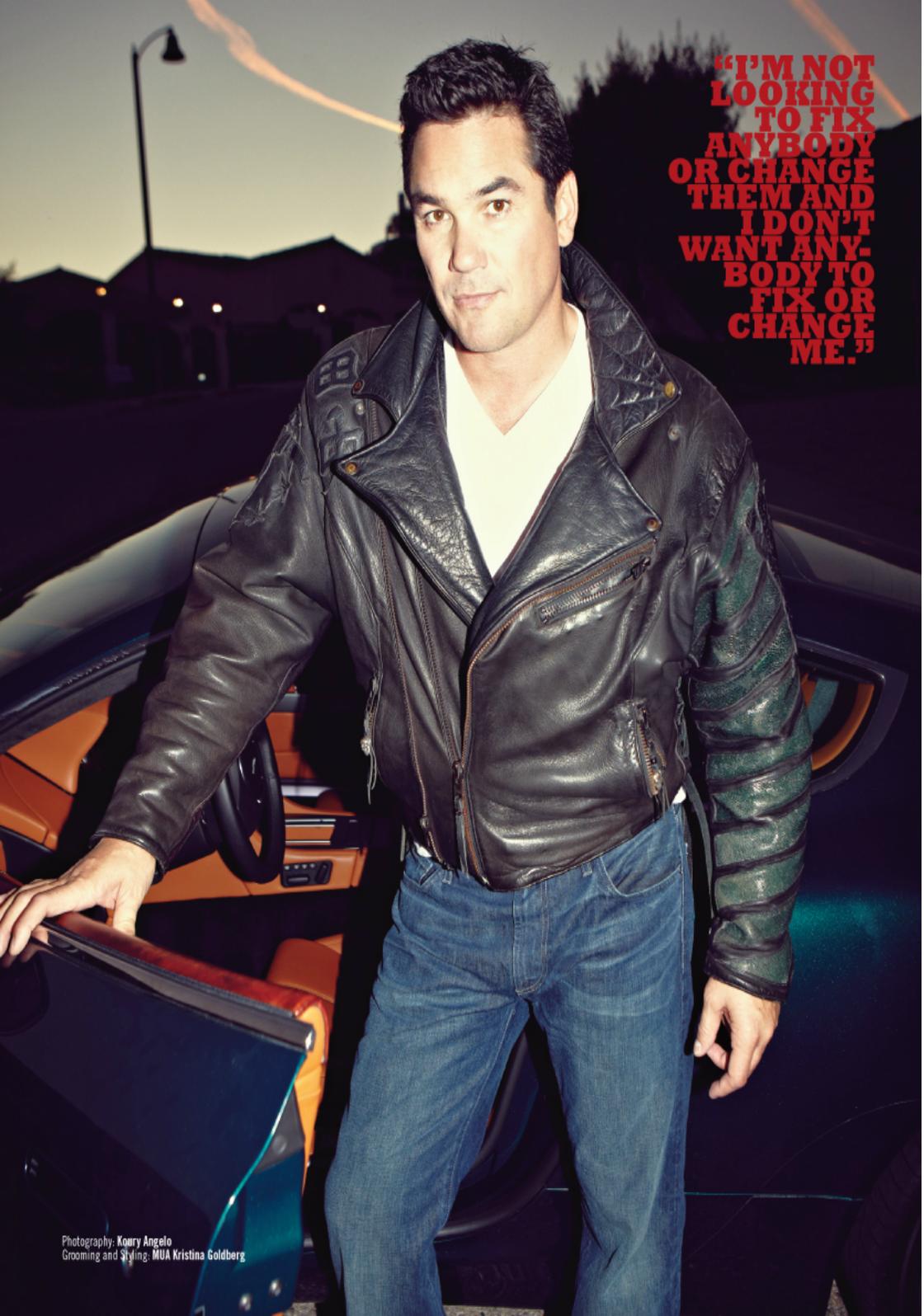
"I play a very flawed professional basketball head coach," Cain says. "He has a drinking issue and finds out he has a daughter out of wedlock in the pilot episode."

Cain, himself, is a single father. His 12-year-old son Christopher lives with him. "I'm completely committed to raising him safely and well," he says.

Cain says his own stepfather, a director, was a guiding force where he grew up in Malibu with schoolmates Sean Penn, Rob Lowe and Charlie Sheen. Cain went to Santa Monica High School, excelling as an athlete and receiving a multitude of college scholarships and athletic offers. Cain chose Princeton where he played football and received NFL attention.

"While I was at Princeton, my dad directed 'Young Guns' and I watched Charlie Sheen be 'the sexiest guy alive,' which I thought was amazing. And as time went on, I looked at what my friends were doing and what my dad was doing and I thought, 'Gosh, it seems like a lot more fun than being a banker on Wall Street.'" Encouraged by his father, Cain also started to write scripts.



A man with dark hair and a serious expression is leaning against the open driver-side door of a dark-colored car. He is wearing a black leather motorcycle jacket over a white V-neck shirt and blue denim jeans. The car's interior is visible, showing orange leather seats. The background is a dark, suburban street at night with a street lamp and houses in the distance. The lighting is dramatic, highlighting the man's face and the texture of his jacket.

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Photography: Koury Angelo
Grooming and Styling: MUA Kristina Goldberg

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**DEAN CAIN
A REAL LIFE
SUPERMAN**

Upon graduation, Cain did a short stint with the Buffalo Bills but was injured as a rookie. He turned his attention to acting and landed his first small part on "Life Goes On." "A Different World" followed, but it was a four-episode stint on "Beverly Hills, 90210" that landed Cain on the industry's radar.

Then the stardom that "Lois & Clark" brought, he says, was "a whirlwind." "It can be overwhelming," he admits. "I had a pretty clear head because I had already been an athlete. I wasn't believing any of the hype."

He was in People Magazine's "Most Beautiful" 1994 Issue and continues to be in their "Still Sexy" issues.

Cain has never been married, he says he just hasn't met the right woman.

"I'm not looking for a project," he says. "I'm not looking to fix anybody or change them and I don't want anybody to fix or change me. Intelligence is important, loyalty, a sense of humor. I'll know her when I see her."

"Lois & Clark" lasted four years and Cain says people still tell him how much they enjoyed the family-oriented series. "That's important. I'm very careful with the things Christopher watches, when he's on the Internet, what he's looking at. I know every password to everything."

Cain says Oaks Christian School is a great place for his son. He recently chaperoned one of the school's spiritual get-away trips.

His perfect day is all about his son: "We sleep late, lounge around, go to the beach, play football or basketball, or swim in the pool, play video games, watch a movie. The most fun stuff for me is to hang out with my son, then cook dinner and kick back. He'll fall asleep on the couch and I'll carry him into bed." **W**

